

GRANDVIEW HEIGHTS

Community Newsletter—Spring 2012

2012 Grandview

PICK
UP

CHOW
DOWN

Annual Community Clean-Up and Brunch

Bring the whole family to help clean up our neighbourhood, then join us for a community brunch!

Meet at the Community Centre at 10 am, clean till 11 or so and then back to the Community Centre for brunch.

Prizes will be awarded for "Best of" categories

There will be a large bin in the Grandview School parking lot for all to use.

Everything will be supplied, just bring yourselves.

Sunday, May 6 | 10am - noon

New this Year
Expanded Gold Brick Scavenger Hunt



PRESIDENT'S MESSAGE—SPRING 2012

As spring is upon us, I am sure we are all thankful that we had a much easier winter than last year. In this season of renewal, we are looking forward to refreshing our community league executive as well. Several members of the executive have served our community for a number of years and are feeling that they would like to step down from the roles that they have been doing. I know we have many new families that have moved into our community in the past few years and I would encourage you to step forward to become an active participant in our community league or perhaps you are a long time resident of Grandview with some time to give back to help us all. Whatever your situation, the Grandview Heights Community League needs some new volunteers to be able to continue to provide the programming and operate the facilities that our community league has for the enjoyment of Grandview residents.

In particular, we need a person to fill the role of treasurer for our community league, a person to look after the bookings for our hall, a person to put together our quarterly newsletter, and a person to co-ordinate the distribution of our newsletter to our residents. These are the key functions that we need to find people to look after, but there are also opportunities to support your community league in other important aspects. Participating on the community league executive is a great way to get to know your neighbours and give you the satisfaction of knowing that you have helped to make your community a better place to live in and play in.

On Sunday, May the 6th, Grandview Heights will be holding their third annual Pick Up and Chow Down spring cleanup event. It goes from 10:00 am to noon at our community hall and includes a great breakfast, prizes, lots of fun for all ages, and a great opportunity to meet your neighbours. A big Thank You to Gord Gilroy and his crew of volunteers for organizing this great event again this year. Don't miss it!

Three weeks later, on Sunday May the 27th at our community hall we will be holding our Grandview Heights Community League Annual General Meeting, starting with a brunch at 10:30 followed by the meeting at 11:30. Another great opportunity to get together with your neighbours, learn about what your community league has done and plans to do, and hopefully be inspired to be an active participant in your community league. Don't miss this one either!

PRESIDENT'S MESSAGE—CONT'D

This will probably be the last published newsletter during my term as president, so I would like to take this opportunity to publicly thank all of the executive and volunteers who have worked with me for the betterment of our community for the past two years, and indeed, many of them for a long time before that. It has been my pleasure to serve as your president for the past two years and I will continue to serve on the executive of our community league in some capacity. I am happy that during my term, our community became a member of the Central Area Council of Community Leagues (CACCL) and I have served as a Director on the Board of the Edmonton Federation of Community Leagues. I think these are valuable connections that benefit our community.

Lastly but most importantly, I would like to welcome the new families that have moved into our community in the past couple of years. Grandview Heights is truly a wonderful community and we look forward to your participation in the life and activities of our neighbourhood to keep it vibrant and fresh.

Wishing all of you a great spring and summer.

Lindsay Smith

GRANDVIEW HEIGHTS COMMUNITY LEAGUE

BRUNCH

& AGM

SUNDAY, MAY 27

COMMUNITY EXECUTIVE POSITIONS AVAILABLE

Get Involved! A great way to get to know your neighbours and make the most out of living in Grandview is to join the Community League Executive. The Board meets every second Tuesday of the month and is currently seeking to fill the following positions for the 2012/2013 year:

TREASURER: If you have a background in Finance, Accounting, or are simply budget-savvy, we'd love your help!

NEWSLETTER EDITOR: The League puts out up to four newsletters each year. If you're creative and have a bit of free time, it's a great way to keep up with what's going on in the 'hood'.

NEWSLETTER DISTRIBUTION: While a growing majority of residents receive their newsletters electronically, there is still a need to get paper copies out to some. We have a good roster of dog walkers/families lined up to deliver, we just need someone to coordinate their efforts.

HALL BOOKINGS COORDINATOR: Grandview's Community Hall is an important revenue generator for our community. With the retirement of our long-serving Bookings Coordinator, we need someone to step up to receive requests, schedule and collect payment.

If you are interested in any of the above positions, or simply want to join the Executive as a Director at Large, please contact Lindsay Smith at cathlind@shaw.ca or 780-988-9530.

We're a pretty nice bunch -- no need to be timid!

RINKLANDS PARK UPDATE

Our rinklands park is almost complete. The landscaping and fitness equipment have been installed, and, while we are waiting for a few benches to be delivered and rubber to be poured under the fitness equipment, **we are ready to build the gazebo.**

We are planning to build the gazebo the weekend of June 2nd and 3rd.

How can you participate in the build?

- A team of experienced volunteers have been assembled to construct the gazebo. If you would like to join them please call Cathy Lewis 780.437.7458
- We need donations of prepared food throughout the weekend for all the volunteers. If you would like to help with food please call Melora Jones 780.437.2089
- Some rented equipment will be needed for the build. If you would like to pick up and drop off **small** supplies and equipment please call Cathy 780.437.7458

YOGA CLASSES

Ongoing Yoga Classes with YAA certified yoga instructor, Krysta Schroder:
 Thursday evenings at Grandview Heights Community Hall \$12 per class
 (Classes run until June 7th, and will resume in September):

6:30-7:45 - Beginner - All levels

8:00-9:30 - Level one (Deepening your practice of yoga.)

Contact Krysta at krysta.schroder@shaw.ca or 780-965-YOGA(9642)



Grandview Boot Camp Registration Now Open!

www.trainingbyagrios.com

TOT TIME!

TOT TIME!

Your kids will make new friends while you get to know your neighbours!

Grandview Community Hall
 (Attached to school.
 North doors.)

Tuesdays and Thursdays
9:30 AM - 11:00 AM

Contact: Lana @
lane.stromberg@gmail.com

FITNESS BOOT CAMP



LOCATION
 Grandview Heights School Gym
 4225 - 127 street
 Edmonton, AB

SPRING SESSION 1

Starts on April 2, 2012

Sign up early to secure your spot!

Monday, Wednesday, Friday
 6:30 - 7:30 AM

Session 1 (April 2 ~ June 1)

FULL SESSION (24 classes)	\$312.00
Twice a week (18 classes)	\$252.00
Once a week (9 classes)	\$130.00
DROP IN	\$15.00 per class

NO CLASSES

Friday, April 6th
Monday, April 9th
Monday, May 21st

To register...

All ages and fitness levels welcome!

1. Call Tara at 780-903-3161
2. Email tarafox@telusplanet.net
3. Go to www.foxfitness.co

FIND YOUR FITNESS MOJO! Don't miss the fun!

"NOTHING HAPPENS UNTIL SOMETHING MOVES."

-Albert Einstein



al richardson

KETTLEBELLS & STAIRS BOOT CAMP

New session starts June 4

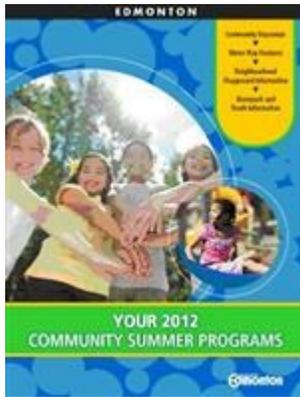
NEED MOTIVATION?

WANT EXTREME RESULTS?

GET STARTED!!

www.alrichardson.ca





SUMMER 2012 PROGRAM GUIDE

Check out the Summer 2012 Program Guide to find Summer fun!
Programming includes:

FREE Green Shack playground programs at community leagues for kids 6 – 12

FREE Basketball, street hockey and more for youth 11 – 16

FREE Five skate parks plus temporary equipment at local parks

FREE Over 45 wading pools and spray decks

Registered daycamps for preschool, children and youth participants at your local community league hall

Registration begins on May 1, 2012. Visit www.edmonton.ca search Program Guides or program opportunities are also available at our City of Edmonton Recreation Facilities.

SPRING CARNIVAL

Malmo preschool invites it's community neighbours to come to their annual spring carnival in support of their preschool program.

Saturday, May 26th 12 - 2 pm Malmo Hall and Grounds

Face Painting, Games, Prizes, Bouncy Castle, Concession, Glitter Tattoos, Bake Sale!

PARKS FOR PAWS

There are 41 sites across the city where dog owners can walk their dogs off-leash. **Parks for Paws** have been established in green spaces around the city. Dogs can experience physical and emotional benefits from running and playing off-leash. Visit the City of Edmonton Website for a complete list of locations and more information: <http://www.gov.edmonton.ab.ca>.

SCOOP THE POOP !

Neglecting to pick up after your dog could mean that someone else picks it up...on their shoes. Far more seriously, it could expose people and other pets to bacteria, viruses and parasites in your pet's waste.

It's also the law; the fine for not cleaning up after your dog is \$100. Carry a bag with you to pick-up your pet's poop whenever you are off your property.

Please be considerate and refrain from disposing of your dog's waste in someone else's garbage bin. Edmonton By-laws require you to "remove any defecation left by (your pet) on public property or private property other than that of the Owner".

Be sure to put your dog poo in a green or black large garbage bag, otherwise, it will not be collected with the rest of the garbage.

MINKHA

SCARVES

HATS

VESTS

CARDIGANS

PULLOVERS

COATS



SWEATER SALE OPEN HOUSE

Windsor Park Community Hall, 11840 – 87 Ave.

Saturday, June 23, 2012 9:00 A.M. to 3:00 P.M.

Non profit. All \$ returned to the Minkha women of Bolivia

In 1989, in Bolivia, staff and volunteers of Save the Children Canada brought together a group of expert knitters and founded the micro industry **Minkha**. Through their skill and hard work, the women of Minkha have made their cooperatively owned enterprise self-sufficient and continue to provide for themselves and their children. **Save the Children – Canada** volunteers continue to assist the knitters, marketing the sweaters on a non-profit basis. For more information: **Linda Haswell (780) 436-5732 www.minkhasweaters.com**.

GARBAGE & RECYCLING

COLLECTION TIMES

Please have your garbage and blue bags out by 7 a.m. on your collection day. Pick up is between 7 a.m. and 10 p.m. If there is construction in your back lane, place garbage and blue bags at your front street.

APRIL 2012

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY 2012

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

COMPOST AVAILABLE

A self help pile of organic material is available immediately north of compost building (Building #85 on the below map link).

<http://www.campusmap.ualberta.ca/~media/uofa2/Maps/pdf/southcampus-map.pdf>

Neighbours can pick up organic material at all hours on all days. If there is none there, check back in a few days as it is replenished on a regular basis.

The UA will not load trucks and all organic material must be loaded by whomever is taking it. It is aged for 2 years and the UA cannot makes guarantees beyond that.

Anyone taking organic material from South Campus should practice good personal hygiene (wash hands after use, etc.) as it is a manure based product.

SKATEPARKS

Anyone can use City of Edmonton skateparks for FREE!

From late May to the end of August, all permanent skateparks are supervised by trained staff from approximately 12:30-8pm.

Skateparks are open to any skateboarders, BMX riders, mountain bikers, and inline skaters. Motorized vehicles and scooters are not permitted.

We strongly recommend wearing a helmet, gloves and pads. Always skate/ride within your abilities to avoid injuries.

Locations:

Kaskitayo

Located on the south side of the parking lot at Kinsmen Twin Arenas and William Lutsky YMCA at 111 St. and 19 Ave.

Mill Woods

One of the City's most popular parks, located behind Mill Woods Recreation Centre, 72 St. and 28 Ave.

Castle Downs

Located just west of the Castle Downs YMCA at 117 St. and 153 Ave., this park has terrain for all levels of skaters and BMX riders.

Clareview

Edmonton's first permanent outdoor skatepark is located beside Clareview arena, 38 St. and 139 Ave.

Callingwood Skatepark

Edmonton's newest skatepark is located at 177 St and 69 Ave NW next to the Callingwood Arena.

FRONT YARDS IN BLOOM

...celebrating yards that make Edmonton beautiful

1. **Garden.** Edmontonians beautify front yards.
2. **Nominate.** From one neighbour to another.
3. **Recognize.** Volunteers deliver signs and certificates (after the nomination deadline). Volunteers choose top yards.
4. **Celebrate.** Awards given to homeowners by community leagues and at the Edmonton in Bloom Awards.

Top yards for 2011 were announced during the Edmonton in Bloom Awards on Thursday, August 11th at City Hall. Front Yards in Bloom congratulates residents who make Edmonton beautiful... starting with their front yard.

Nominations:

Nominations have closed for 2011. Many thanks to our partners, our volunteers, our nominators, and nominees. Together they make Edmonton a more beautiful place to live and to grow.

www.edmonton.ca/environmental/conservation_landscaping/front-yards-in-bloom.aspx

COMMUNITY EXECUTIVE

<u>Position</u>	<u>Name</u>	<u>Email</u>
President	Lindsay Smith	catlin@telus.net
Secretary	Deb Choma	dchoma@millarwestern.com
Treasurer	Louise Gibson	lcgibson@shaw.ca
Hall Rentals	Chris Gibson	lcgibson@shaw.ca
Facilities	Lindsay Smith	catlin@telus.net
Newsletter	Elin Werth	gowwerth@telus.net
Newsletter Distribution	Lori Kraus	mlkraus@telus.net
Web Site Coordinator	Gord Gilroy	gord@visioncreativeinc.com
Programs	Vacant Position	
Sports Coordinator	Ollie Semonis	bodonis@shaw.ca
Membership	Anish Neupane	anish.neupane@gmail.com
Social Events	James Belovich	rbelov@telusplanet.net
	Barb Brass	nbbrass@telusplanet.net>
Rinklands Committee	Cathy Lewis	cathylewis@shaw.ca
University Liaison	Sue Lambert	lambert.sue@gmail.com
<u>Community Partners</u>		
Grandview Heights School	Doug Allen	doug.allen@epsb.ca
Edmonton Community Services	Linda Bombardieri	linda.Bombardieri@edmonton.ca
City Councilor	Don Iveson	don.iveson@edmonton.ca
MLA - Riverview	Kevin Taft	edmonon.riverview@assembly.ab.ca
MP Strathcona	Linda Duncan	duncan.L@parl.gc.ca
Executive Director - EFCL	Allan Bolstad	allan.bolstad@efcl.org
Capital Care Grandview	Jennifer Williams	jenniferwilliams@capitalcare.net

ADVERTISEMENTS

Advertising in the Grandview Heights community league newsletter will be allowed for sports and leisure related activities taking place within the community of Grandview for the benefit of its residents. Advertisers must be current members of a registered City of Edmonton community league. If you have a notice that you would like in the community newsletter please email them to Elin Werth at gowwerth@telus.net.

ELECTRONIC NEWSLETTER

Anyone wishing to receive the Grandview Heights Newsletter electronically can send an email to Elin Werth at gowwerth@telus.net with "Newsletter" in the subject line.

Grandview Heights Website: www.grandviewcommunity.ca