

# Summer Programming Training Descriptions

Session	Description
<b>Animating Spaces</b>	Join this session if you want to create incredible and unforgettable programming spaces. This session focuses on turning the ordinary space in the extraordinary space using a variety of tools. How do we create a space that is our own, welcoming, challenging, and interesting? How can we empower participants to keep coming back to your program for days to come?
<b>Wide Games</b>	Get ready to use your quickness, ingenuity, and wit for these Wide Games! This session will cover a variety of games that can be played in a large space—such as sports pitch, field, or tarmac. You will get some great tips and strategies for organizing your games, adaptations for different numbers, and build up your repertoire for wide games.
<b>#games</b>	What's all the craze right now? Learn them at this brand new session, and incorporate fun, trending activities into your program! Recreation doesn't always have to be traditional games – spice up your programming knowledge by adding in popular activities that help to create fitness and activity accessible to participants that may not be interested – make boomerangs, do yoga, do a mannequin challenge etc. The amounts of trendy activities are endless!
<b>Everybody In</b>	Become an inclusive and confident program leader by learning how to make your activities an enjoyable and fulfilling experience for a diverse range of participants! In this session, you will learn strategies for incorporating participants with all abilities as well as exciting new activities that promote inclusive recreation.
<b>Get Back to Nature</b>	Have you ever laid in the grass to camouflage yourself? Have you felt the dirt squish between your fingers? Unplug and head outside, where the sun shines and you can cloud watch, or the clouds are pouring rain, and you go splashing in all of the puddles, and observe the earthworms! Learn cool nature based games that you can pass on to participants that promote a greater understanding and appreciation of the outdoors in fun and educational way.
<b>Preschool</b>	Refresh your skills on how to program for preschool aged kiddos. Rules and specific games can be different for the ones whose shoes you end up tying for the 5 <sup>th</sup> time that morning. In this session we will highlight some strategies for how to include preschoolers in your programming when you have multiple age ranges.



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<b>Movement Revolution</b>	Get a better grasp on fundamental movement skills and the impact of physical literacy on a child’s life long enjoyment of physical activity. The development of fundamental movement skills and motor skills is critical to establishing the foundation for participation in many sports and physical activities. When a child is confident and competent with these skills, they can develop sport specific and complex movement skills that allow them to enjoy sport and physical activity. Learn how to incorporate fundamental movement skills into your program!
<b>Back to Basics</b>	This session will highlight how to organize, referee and play classic activities. Come learn a variety of classic games like Eagles Eye, Camouflage, Aces and more. Refamiliarize yourself with basic rules of sports such as soccer, basketball or kickball and skills and games to diversify these sports. See you on the field, last one there’s a rotten egg!
<b>Let’s Have a Ball</b>	There are many different types of awesome sports that involve many different types of balls. Footballs, volley balls, soccer balls, dodgeballs just to name a few. Come check this session out to play variety of different ball games and learn how to use this equipment in a variety of ways! Did someone say Omnikin Ball?
<b>Wacky Science</b>	Being a scientist is fun! Laboratories are the ultimate playground, whether they are inside or at the park. They are where the whys come out to play! So, let’s get messy and make some mistakes, who knows what the young scientists will discover. Caution, this summer your messy meters will overflow!
<b>Back Pocket Games</b>	Join us to learn back pocket games, designed to help fill down time. Back pocket games can be used when you have no equipment; when you’re waiting for a bus or when you’re in transition between activities! The more exposure you have to these short games the more comfortable you will be to play with all the participants at your program! These games can be used with small groups or large groups and be quiet or very exciting!
<b>Mentoring Youth</b>	This session is all about how to get youth involved in your program. How do you engage youth be positive participants even when there are younger participants on site? How can you mentor youth into positive role models on your site? All of these question are more will be answered in this session!

