

GRANDVIEW COMMUNITY LEAGUE

PRESENTS . . . Howie Miller

Since his start in 1997, Howie has performed at comedy clubs and events all over north America, including New York's Comic Strip and the prestigious Montreal "Just for Laughs" Comedy Festival.

COME OUT FOR A NIGHT OF LAUGHTER

Ha-Ha-Ha!

Woo-Hoo

Chortle

Hyuk Hyuk!

Hee! Hee! Hee!

Yuk Yuk!

LOL

Gyuh, Gyuh, Gyuh

Snickers



Hee! Hee! Hee!

BWL

Snort

Guffaw

Tee-Hee!

Roar

Neener, neener!

Hackigi-gi-gi!

Mwahahaha!

SATURDAY, MAY 8

GRANDVIEW COMMUNITY CENTRE

Pot Luck Dinner 6:30 – 8:00 PM

Comedy Show 8:00 - 9:15 PM

\$20/PERSON AT THE DOOR

ADULTS ONLY

BYOB

ROFL

2010 GRANDVIEW PICK UP & CHOW DOWN

COMMUNITY CLEAN-UP AND BRUNCH

SUNDAY May 2 10:00 AM - NOON

(Brunch served at 11 AM)

Bring the whole family to help clean up our neighbourhood, then join us for a community brunch!

Meet at the Community Centre at 9am, clean till 11 or so and then back to the Community Centre for brunch.

Prizes will be awarded for "Best of" categories.

There will be a large bin in the Grandview School parking lot for all to use.

Everything will be supplied just bring yourselves.

EPCOR POWER SERVICE UPGRADE PROJECT

OPEN HOUSE

April 15 from 4 - 8 PM

SENIORS' DAY PROGRAM

Seniors and/or their families interested in a day program please contact:

Sandra Sideen @ ssideen@telusplanet.net

PARKS FOR PAWS

There are 41 sites across the city where dog owners can walk their dogs off-leash. Through community efforts, **Parks for Paws** have been established in green spaces around the city. Dogs can experience physical and emotional benefits from running and playing off-leash. Visit the City of Edmonton Website for a complete list of locations and more information: <http://www.gov.edmonton.ab.ca>.

TOT TIME! TOT TIME!

Grandview Community Hall

(Attached to school. North doors.)

Tuesdays and Thursdays

9:30 AM - 11:00 AM

Contact **Lana (780)637-6446**

2010 SUMMER PROGRAM GUIDE

Summer is quickly approaching and the City of Edmonton, in partnership with local community leagues have been working hard to deliver the promise of great programs this summer.

The 2010 Summer Program Guide will be out in mid to late April. The guide will be distributed to all elementary schools and available at your local City of Edmonton Leisure Centres. Be sure to pick up your copy and start planning for the summer!

Summer Program registrations start May 4th, 2010.

BABYSITTING COURSE

Hey young adults! Are you looking to learn valuable skills and make some money? Then why not take this program covering care of infants, accident prevention and the rights and responsibilities of the baby-sitter. A Babysitter's Manual is provided and is included in the course fee of \$55.

To register call: **(780) 496-2966** or go to **ereg.edmonton.ca** .

TAI-CHI-CHIH

Mondays	1:30 PM - 3:00 PM	6 weeks starting April 26
	5:15 PM - 6:45 PM	6 weeks starting April 26
Thursdays	5:15 PM - 6:45 PM	6 weeks starting April 29

Contact: Gail Terriff @ (780) 430-6594 or terriff.ic@shaw.ca

SENIORS WEEKLY SOCIAL

GRANDVIEW COMMUNITY CENTRE

Wednesday afternoons from 1:00 PM - 2:30 PM starting April 7.

TEA & COFFEE PROVIDED. FREE !

SPRING TENNIS LESSONS

DATE: Saturdays May 1—June 26

TIME: 10:00 AM - 11:00 AM

FEE: \$100

Drop-in trial session April 24 !

CONTACT: Andre @ (780) 934-6318 or adriedge@gmail.com to register.

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BOOT CAMP 101

(Boot Camp 201 coming soon)

Want to get in shape for the summer? Join us in this one of a kind spring boot camp presented by Susan Agrios, international weightlifting & badminton champion. During these sessions Susan shares training secrets & pushes you to become fitter, faster & stronger. You won't want to miss it. Open to all levels.



Dates/Times: choose one session

Session 1: Tuesday, 5:30-6:45pm, Thursday 5:30-6:45pm (starts April 15-May 11)

Session 2: Tuesday, 9:45-11:00am, Thursday 9:45-11:00am (starts April 15-May 11)

Cost: \$220.00 register by April 7, \$260 after April 7

Location: Grandview Community League parking lot (12603-63rd avenue)

Register online at: www.trainingbyagrios.com



CANADIAN
BREAST CANCER
FOUNDATION

YARD SALE
FOR THE
CURE



MAY 29, 2010

Nicki Parsons & Neat Organizers Inc. would like to encourage Grandview residents to "Clear Clutter" from your homes. On the weekend of May 28 & 29, you can host your own yard sale, or, donate items to another neighbour's sale.

Register at www.yardsalefortheure.com to receive your yard sale kit. After your sale, you choose how much you'd like to donate to THE CURE, and receive a charitable receipt.

At the end of the day, Harbor 4 Life Society, which is an organization that is building homes and schools for orphaned children in Africa, will pick up anything that is left, weigh it, give you an official tax receipt and then take it all away!

Contact Nicki Parsons @ (780) 436-4316 or nickip@shaw.ca

GRANDVIEW HOUSE FOR RENT

Spacious four bedroom, three bathroom, furnished, two storey house with two-car attached garage. Modern kitchen with gas stove, electric oven, Bosh dishwasher and Amana fridge. Laundry, high efficiency furnaces, hardwood floors, piano, front yard with xeriscape landscaping (beautiful native plants), fenced backyard.

The University of Alberta south campus and farm are within walking distance, and the main campus is only 3 kms away. Two blocks from bus route to south campus LRT station and the university. Four blocks to Grandview Heights elementary and junior high school, ranked among the top schools in Alberta. Short walking distance to river valley, the Whitemud ravine, and Fort Edmonton Park.

Perfect for a family or professional couple.

Available from July 20, 2010 until August 1, 2011.

Contact: **Manola @ (780) 439-2975 or mborrajo@telusplanet.net**



UNIVERSITY OF ALBERTA

IMPORTANT NOTICE TO OUR NEIGHBOURS

Public Information Open House

GO Community Centre

Tuesday, April 20, 2010

4 – 8 p.m.

**Saville Sports Centre, 6501-115 St.
University of Alberta South Campus**

The GO Community Centre is a non-profit organization committed to building a unique, world-class recreation facility focused on serving individuals, families and league teams in the Capital Region. This community-based, multi-use recreation and sports complex will be built on the University of Alberta's South Campus, easily accessible from the new South Campus LRT station.

The GO Community Centre is a partnership among four established community sports organizations: the Edmonton Grads Basketball Centre, Ortona Gymnastics Club, Edmonton Volleyball Centre Society and the University of Alberta. The project harnesses the talents and energy of all partners to create a prime venue for growth and expansion of recreation and sports opportunities for all people in the Capital Region.

In addition to volleyball, basketball and gymnastics, the GO Community Centre will play host to many different sports like badminton, yoga, walking programs for seniors, dance and martial arts in the versatile spaces being created.

Please join us on April 20, 2010 at the Saville Centre to view plans for this exciting new facility and meet with the planning group.

Your participation is important and we hope to see you there. If you have any questions please contact Emily Ball by phone at 780-248-1056 or by e-mail at eball1@shaw.ca.

If you are unable to attend the Open House please refer to the following website on April 21, 2010: <http://www.gocentre.com>



The Green & Gold Community garden is located on the University of Alberta South Campus, bordered by the communities of Lendrum, Malmo, Grandview, Lansdowne, Belgravia, McKernan, Park Allen and Windsor Park. The garden is an initiative of the University's School of Public Health and Faculty of Agricultural, Life and Environmental Sciences. Volunteers operate the garden and all of their time, the seeds, plants and equipment used are donated.

The vegetables, herbs and flowers are "spray-free" (no pesticides or artificial fertilizers are used). All of the proceeds from the garden produce – that's 100% – support the **Tubahumurize project**, a non-profit organization in Rwanda that provides socially and economically marginalized women with counselling, life-skills coaching, health care education, and opportunities for sustainable income generating activities. Most individuals who benefit from Tubahumurize are genocide survivors and many are widows or orphans, HIV infected, and survivors of physical and sexual violence. Last year the garden raised over \$16,000 for the Tubahumurize project.

We are now gearing up for the our second season of operation. Volunteers are needed to help with the garden – both novice & experienced gardeners are always welcome. If you don't like to garden, but would like to help (distributing produce, promoting the garden, donating seeds or helping in other ways) please contact us at tubahumurize@shaw.ca or by phone at: (780) 248-1566.

If you would like to be added to the e-mail distribution list to receive notices when produce from the garden is available this summer, please contact the Green & Gold Community Carden at tubahumurize@shaw.ca

For more information on the garden check our web site at: www.publichealth.ualberta.ca/green&gold.cfm



Upcoming Green & Gold garden meetings

Interested in helping with the garden? Please come to one of our volunteer sessions. These will be held in **Room 1-38, University Terrace Building at 8303-112 St** on:

Friday, April 9th from noon to 1:30

Tuesday, April 13th from 7:00pm to 8:30pm



EVENT NOTICE

Please be advised the 2010 Sport Chek Mother's Day Run and Walk will be utilizing the following roadways on

SUNDAY MAY 9

9:00am - 11:30am

Brookside: 141st from 60 ave - 53 ave
142st from 53ave - 47 ave

Lansdowne: 122st from whitemud to 60 ave

Grandview: 62 ave from 122st to 124 st
124 st from 62 ave to 63 ave
63 ave from 124st to 122 st

Belgravia: Saskatchewan Dr between 74ave & 116st

For more info or to volunteer Call 780-439-5217

or visit www.mdrunandwalk.com

COMMUNITY EXECUTIVE

<u>Position</u>	<u>Name</u>	<u>Email</u>
President	Gord Gilroy	gord@visioncreativeinc.com
Vice President	Lyndsay Smith	catlin@telus.net
Secretary	Deb Choma	dchoma@millarwestern.com
Treasurer	Brendon Cameron	bcameron@sorrell.ca
Hall Rentals	Chris Gibson	lcgibson@shaw.ca
Facilities	Lindsay Smith	catlin@telus.net
Newsletter	Elin Werth	gowwerth@telus.net
Newsletter Distribution	Lori Kraus	mlkraus@telus.net
Web Page Coordinator	Gord Gilroy	gord@visioncreativeinc.com
Programs	Manola Borrajo	mborrajo@telusplanet.net
Sports Coordinators	Doug Parsons	doupar@shaw.ca
Membership	Donna Pickens	dpickens@shaw.ca
Social Events	James Belovich	rbelov@telusplanet.net
Rinklands Committee	Cathy Lewis	cathylewis@shaw.ca
Transit Liaison	Sue Lambert	lambert.sue@gmail.com
<u>Community Partners</u>		
Grandview Heights School	Doug Allen	doug.allen@epsb.ca
Edmonton Community Services	Paul Samboryk	paul.samboryk@edmonton.ca
City Councilors (Ward 5)	Bryan Anderson	bryan.anderson@edmonton.ca
	Don Iveson	don.iveson@edmonton.ca
MLA - Riverview	Kevin Taft	edmonon.riverview@assembly.ab.ca
MP Strathcona	Linda Duncan	duncan.L@parl.gc.ca
Executive Director - EFCL	Alan Bolstad	allan.bolstad@efcl.org
Capital Care Grandview	Jennifer Williams	jenniferwilliams@capitalcare.net

ADVERTISEMENTS

The community executive has agreed that the newsletter is not the place for business or political advertisements. As a result you will no longer find that kind of advertisement in these pages. Instead notices from community members to other community members will be displayed. If you have a notice that you would like in the community newsletter please email them to Elin Werth at gowwerth@telus.net.

ELECTRONIC NEWSLETTER

Anyone wishing to receive the Grandview Heights Newsletter electronically can send an email to Elin Werth at gowwerth@telus.net with "Newsletter" in the subject line.

Grandview Heights Website: www.grandviewcommunity.ca
