# GRANDVIEW HEIGHTS Community Newsletter—Autumn 2010



### PRESIDENT'S MESSAGE

This being the first newsletter since new Grandview Heights Community League Executive Committee took the reins at the Annual General Meeting in June, as your new president, I would like to take this opportunity to introduce myself to those of you who may not know me. My name is Lindsay Smith and along with my wife, Cathy, we have lived in Grandview Heights since 1996. Our youngest son, Christopher, attended Grandview Heights school from grade 2 through 9 and played soccer on several Grandview Heights teams, both indoor and outdoor. I have served on the Grandview Heights Executive Committee for most of the years that we have lived here, I was actively involved on the committee that planned the construction of our Community Hall.

My major involvement and focus on the executive has been as Facilities Director. In this capacity I have looked after the operation of the rink, including making the ice, maintaining the equipment and overseeing the operation of the rink by the rink attendants.

I look forward to the next few years as I anticipate some very interesting and exciting times for our community. As you may be aware, Edmonton is planning to make a bid for the 2017 World's Fair and the primary location of the Expo, if the bid is successful, is the U of A South Campus or University Farm as many of us know it. The possibility of a World's Fair on our doorstep bringing 50,000 plus visitors per day.....very exciting.... or horrifying, depending on how you look at it. Spearheaded by our MLA, Kevin Taft, a coalition of the communities around the south campus has been organized and a very well attended public meeting was held on September 13<sup>th</sup> at which people were able to express their opinions about the opportunity that an Expo could create and the problems that it might cause. As we go forward I would welcome your input and please know that if the Expo bid is successful, we will do everything possible to make the impact on our community as positive as possible and I believe that it could be very positive.

One of my goals as president of your Community League is to add a new Directorship to our Executive Committee. This focus of this Director will be to find and promote ways for our League and the residents of Grandview to help our environment by living "greener", by promoting reducing waste, reducing energy use, and promoting multi passenger transportation as examples. If you would like to be the "Green Director" on our Executive Committee, please indicate your interest to myself or one of the executive.

All of the grant applications for the "Rinklands Project" have been completed and submitted. If all goes according to plan, work on the \$288,000 project should begin in the spring. Many thanks to Cathy Lewis and Melora Jones for all the work they have done to gather all the information and put together the grant applications for this project. As we proceed through the construction phase I am sure there will be opportunity for some "hands on" participation in the project.

I know we have several new families that have moved into our neighbourhood in the past few months and I would like to take this opportunity to welcome you and I look forward to meeting each of you in person. Being such a small community, it is easy to get to know a significant portion of the people who live here and knowing your neighbours is a significant part of what binds us together into the great community that Grandview Heights is. If you have a new neighbour, please take the time to welcome them and also let our secretary, Deb Choma, know about any new people who have moved into Grandview as we have a "Welcome & Information" package for

new residents.

### PRESIDENT'S MESSAGE ... CONT'D

Of the more than 170 communities in Edmonton, Grandview Heights, has the distinction of being the smallest, having the fewest number of households. Maybe the smallest, but as a community we enjoy many positive attributes including a beautiful river valley setting with lots of green space and easy access to rest of the city, a well attended top notch school, and a place where it is easy to get to know your neighbours and be a involved in the activities available in the community. In the time that I have lived here, our community league has always been a strong and active group, working hard to enhance the lifestyle, amenities, and activities available to our residents. I look forward to working with the executive committee to serve our community.

Lindsay Smith

# **NEW NEIGHBOUR INFORMATION PACKAGES AVAILABLE**Do you have new neighbours?

If so, please let us know so we can give them a proper welcome. New Neighbour information packages are available through the Community League. Please contact Deb Choma at <a href="mailto:decommunity">dechoma@millarwestern.com</a> with the names and addresses of any new additions to the community.

# **COMMUNITY LEAGUE MEMBERSHIP**

Please support Grandview Heights community by purchasing this year's membership. Money from the membership is used to provide programs for our community as well as helps maintain our facilities. Membership benefits include discounts on admission to City of Edmonton sports and fitness facilities and ability to participate in city wide sports and recreation programs. Membership for 2010/2011 is \$45. Membership drive is underway, watch for canvassers at your door. For more information contact Anish Neupane at grandviewmembership@gmail.com.

# **SENIORS OUTREACH SOCIETY**

The Southwest Seniors Outreach Society is looking for singers to join our wonderful choir. We practice Tuesday afternoons from 1-3 p.m. at 10832 – 62 Avenue (basement of St. Agnes Church). We perform at various locations throughout the year, including long term care facilities, other senior organizations, etc. If you like to sing and have fun, we would very much like to welcome you!

Southwest Seniors also offers other programming/services: Clogging, Community Dance, weekly luncheons followed by entertainment, bus trips, cards and miscellaneous programming. For more information, please call 780-435-9515.

# **TOT TIME! TOT TIME!**

**Grandview Community Hall** (Attached to school. North doors.)

Tuesdays and Thursdays 9:30 AM - 11:00 AM

For information contact Lana @ lana.stromberg@gmail.com .



#### MINKHA

SCARVES HATS

VESTS CARDIGANS

COATS

**PULLOVERS** 

### **SWEATER SALE OPEN HOUSE**

Windsor Park Community Hall, 11840 - 87 Ave.

Saturday, December 11, 2010 9:00 A.M. to 3:00 P.M.

Non profit. All \$ returned to the Minkha women of Bolivia

In 1989, in Bolivia, staff and volunteers of Save the Children Canada brought together a group of expert knitters and founded the micro industry **Minkha**. Through their skill and hard work, the women of Minkha have made their cooperatively owned enterprise self-sufficient and continue to provide for themselves and their children. **Save the Children – Canada** volunteers continue to assist the knitters, marketing the sweaters on a non-profit basis. For more information: **Linda Haswell (780) 436-5732 www.minkhasweaters.com**.

# **#50 BUS ROUTE TERMINATION**

Anyone who is concerned about the #50 bus route termination at the South Campus LRT station should email thoughts to City Transit at <a href="mailto:etansit@edmonton.ca">etansit@edmonton.ca</a>. This should be of particular concern to those parents with children that attend Strathcona HS. You can also address your concerns to Don Iveson, our city councillor <a href="mailto:Don.Iveson@edmonton.ca">Don.Iveson@edmonton.ca</a>.

# TAI-CHI-CHIH - JOY THROUGH MOVEMENT

T'ai Chi Chih is a moving meditation. It is easy to learn and is comprised of 19 movements and one pose. The movements are slow and gentle and have some repetition. The benefits are many – i.e. – regulation of blood pressure and weight, improve cholesterol levels, improve balance, focus and concentration, help with sleep and numerous stress related health issues, good for those with osteoarthritis and osteoporosis building up bone density and helping with keeping one more mobile. This is only to name a few of the health benefits.

The practice is approximately 20 - 30 minutes long.

Bring a friend or bring a family member – and learn it together! It will be a lot of fun! Come and experience the Joy Thru Movement! Classes will begin in October.

Gail Terriff at 780-430-6594 or tai\_chi\_chih\_edmonton@hotmail.com

# **THANK-YOU TO CASINO VOLUNTEERS!**

We had our casino fundraiser on August 29 & August 30 which generates revenue for the community and funds programs and the operation of the community hall.

A big THANK YOU to all of you who volunteered at the casino and a REALLY BIG THANK YOU to William Wang and Phil Butterfield for all their hard work in organizing it.

# **HOWL-O'-WIENER ROAST AT THE ZOO**

Date: Saturday, October 16 2 PM - 6 PM

Come see the spooky side of the zoo at the newest event for the older kids. Will the wolves howl at the moon? Can you handle getting up close to a snake or rat? Are you daring enough to handle the creepy crawlies from the Royal Alberta Museum? Treat yourself to a hot dog and a hot chocolate while you watch fire dancers and jugglers. Get an airbrush tattoo, visit the Touch Table to learn about the most terrifying animals in nature and cheer on Lucy as she does a pumpkin painting. Spend the afternoon getting closer with some of the most spine-tingling animals at the Edmonton Valley Zoo's Howl-O'-Weiner Roast.

# **BOO! AT THE ZOO**

Date: Sunday, October 17 Noon - 4 PM

Boo at the Zoo is back and better than ever! Show up in your coolest costume and spend the afternoon at this family favourite event at the Edmonton Valley Zoo. The Spooky Scavenger Hunt will take you on a tour of the zoo's Halloween animals including snakes, wolves, owls, bats and more. Try to win a prize at the Pumpkin Patch Prize Hunt or see what you can uncover while digging in the Bone Yard. Do you dare enter the Witch's Den? Don't miss the Jack-O-Lantern stomp in the Elephant Yard, the cauldron-bubbling science experiments, Halloween animal encounters and creepy crawly demonstrations with reptiles, amphibians, and insects. This might just be the most unique Halloween event your family will ever experience.

### **MUTTART CONSERVATORY - PUMPKINS & PIRATES!**

Date: Sunday, October 24 1 PM - 4PM

Celebrate Halloween with an afternoon under the pyramids filled with fanciful songs, exciting tales of adventure and contests to test your mettle like "Yo-Ho Bingo" or "There be Monsters". Get a taste of the pirate life - go on a haunted treasure hunt or let a caricature artist draw your pirate portrait. Try face painting, pumpkin crafts and planting a "Creepy Fig" to take home. Join the costume parade and win fun prizes. See the display of unusual and beautiful carved pumpkins, meet the artist and get some carving tips to try at home.

# FORT EDMONTON PARK'S SPOOKTACULAR

Date: Friday, October 29 & Saturday October 30 6 PM - 11PM

Don your costume and venture down to Fort Edmonton Park for a night of fun and fright for all ages. There's mystery lurking around every corner as you make your way through the Park. Discover the different indoor and outdoor fun zones that make Spooktacular a safe place for the whole family to celebrate Halloween. Activities ranging from face painting and games for younger boys and ghouls to murky mazes and creepy walk-throughs for the more daring. Most of all, don't forget your Halloween bag to collect some tasty treats!

This event often sells out in advance, so book early.

**Tickets - Advance tickets go on sale Monday, October 4 to noon on Friday, October 29.** Buy your tickets online. Advance tickets: \$17/person (all ages) At the door: \$20/person (subject to availability) For more details about this event, visit <a href="https://www.fortedmontonpark.ca">www.fortedmontonpark.ca</a>.

# **COMMUNITY EXECUTIVE**

<u>Position</u>	<u>Name</u>	<u>Email</u>
President	Lindsay Smith	catlin@telus.net
Secretary	Deb Choma	dchoma@millarwestern.com
Treasurer	Louise Gibson	lcgibson@shaw.ca
Hall Rentals	Chris Gibson	lcgibson@shaw.ca
Facilities	Lindsay Smith	catlin@telus.net
Newsletter	Elin Werth	gowwerth@telus.net
Newsletter Distribution	Lori Kraus	mlkraus@telus.net
Web Site Coordinator	Gord Gilroy	gord@visioncreativeinc.com
Programs	Neesh Pannu	neesh.pannu@ualberta.ca
Sports Coordinator	Doug Parsons	dougpar@shaw.ca
Membership	Anish Neupane	anish.neupane@gmail.com
Social Events	James Belovich	rbelov@telusplanet.net
Rinklands Committee	Cathy Lewis	cathylewis@shaw.ca
University Liaison	Sue Lambert	lambert.sue@gmail.com
<b>Community Partners</b>		
Grandview Heights School	Doug Allen	doug.allen@epsb.ca
Edmonton Community Services	Paul Samboryk	paul.samboryk@edmonton.ca
City Councilors (Ward 5)	Bryan Anderson	bryan.anderson@edmonton.ca
	Don Iveson	don.iveson@edmonton.ca
MLA - Riverview	Kevin Taft	edmonon.riverview@assembly.ab.ca
MP Strathcona	Linda Duncan	duncan.L@parl.gc.ca
Executive Director - EFCL	Alan Bolstad	allan.bolstad@efcl.org
Capital Care Grandview	Jennifer Williams	jenniferwilliams@capitalcare.net

# **ADVERTISEMENTS**

Advertising in the Grandview Heights community league newsletter will be allowed for sports and leisure related activities taking place within the community of Grandview for the benefit of its residents. Advertisers must be current members of a registered City of Edmonton community league. If you have a notice that you would like in the community newsletter please email them to Elin Werth at <a href="mailto:gowwerth@telus.net">gowwerth@telus.net</a>.

# **ELECTRONIC NEWSLETTER**

Anyone wishing to receive the Grandview Heights Newsletter electronically can send an email to Elin Werth at <a href="mailto:gowwerth@telus.net\_with">gowwerth@telus.net\_with</a> "Newsletter" in the subject line.

**Grandview Heights Website:** www.grandviewcommunity.ca